



USS Robert H McCard DD822 3rd Quarter Flag Hoist 2020



Mail Call

The Mission of the USS Robert H McCard Alumni Association Officers and Crew is to perpetuate memory, history, and comradery of the men who gave themselves to protect the freedoms we have today. Thirty-four years of service 1945-1980.

CHECK US OUT ON THE WEB AND FACEBOOK

<https://www.ussroberthmccarddd822.com/>

<https://www.facebook.com/#!/162641293885636/>

Message from the CO

It's bittersweet timing that I'm writing you at this time, knowing that we should have just finished our 2020 ships Reunion. The sad news is that we weren't there. The good news is that we're booked for a do-over in late September 2021. See the announcement in this issue. More information to follow. The other bittersweet thought is that, as fate would have had it, if we were in Newport now, we would be missing our Association Executive Officer, (LTjg) Doug McKay, who passed away July 12, 2020. This would have been a very tough reunion for me to attend, and I can only imagine how much more difficult it would have been, for those of you that have spent more time than I with Doug at these events. We will celebrate Doug in 2021. Hopefully many of you that had personal contact with Doug at McCard Reunion events over the years will be able to attend in 2021.

Some may know this already, but the Newport reunion site was very high on Doug's Bucket List. He had established a great interest in the USS Joseph P Kennedy DD-850 in Battleship Cove, and the ships restoration project director, Rich Angelini. Rich had committed to opening up the DASH area completely for Doug, to spend as much time as he wanted. Their latest project is to restore and refurbish the DASH control station. For Doug, it would have been like playing with a brand new toy that he was very familiar with.

The Officer Group of the McCard Alumni Reunion Association voted recently to make a donation to the "JPK" from the USS McCard, and in the name of Doug McKay, to go towards the restoration project of the DASH control station.

The other loss we had in July was (Lt) James Turner. He and Doug McKay were very close, and unfortunately Doug was the one person who could have given us a little more input for our newsletter. I can tell you that I did speak with his in-home care person and Mr Turner was a pretty private individual. He apparently did not want an obituary written, and I was told that he was to be buried at The Arlington National Cemetery.

Farewell to our fallen shipmates, and thanks for the memories. You will be sorely missed, but never forgotten



A special thanks to a shipmate that has accepted a request to assist the association:

- 1) Chief Michael Chance will be a contributor to the Flag Hoist newsletter. His entry will be called simply **The Chief's Corner**. Chief Chance is still employed, but still accepted the offer to add articles of interest to all shipmates. He's given free rein to submit topic's of his choice, and I'm sure they will be informative. The Chief's Navy was as a HMC. In his private life, his background is in teaching online courses at the Univ. of Houston in management, operations and Health and Safety. Also works with physicians to source data for research. I have abbreviated his bio a lot, but he sounds like a busy guy. Along with this, he also submits writings to several Navy organizations.

Notice of apology for the lateness of this issue. Let me just say that life got in the way. Ron Perceful, Association Yeoman

BINNACLE LIST

O God, be with the weak and injured, give aid to those who watch and wait, and comfort to all: Mercifully accept our prayers on behalf of any who are in need. Grant to him the help of your power, that his illness may be turned to health and our cares for him to joy, by the strength of Your Holy Name. Amen

None to Report this Issue

REMEMBER - a card, letter, or email would do wonders to cheer up friends or shipmates.

Please contact Ron Perceful revperceful@gmail.com, 2913 Woodcreek Rd. Midwest City, OK 73110, 405-326-2337 for any information update, or to update the Last Watch or Binnacle Lists.

LAST WATCH

Shipmates, let us remember our brother who has passed from us to a greater glory. He is now in the arms of his maker in eternal rest. Please remember him and his family in your prayers.

Doug McKay LTJG 65-67
William J. McCann EM2 54-56
Wendell Carpenter McElwee EM3 49-52
James Turner LT 64-66

*Day is done, Gone the sun, From the lakes, From the hills, From the sky.
All is well. Safely Rest. God is nigh.*



NEW TO THE CREW

Martin J. Trum ETSN
Dennis Berlin BTFN
John Hemphill RM3
Phillip Peterson RM3

On behalf of the entire USS Robert H. McCard (DD-822) crew, we welcome anyone who served with us. You don't have to raise your hand or swear to anything, either.

!!!!!! Membership Dues Reminder !!!!!!!

Membership dues are requested, and due, in January of each year. I would appreciate your help and cooperation in this matter. For those that have already paid, THANK YOU. Your continuing membership is important to the McCard Association For all others, I request your immediate attention to this matter, in order to insure that you will continue to receive your Flag Hoist Newsletter Thank you.



Membership Thoughts by the CO

The USS Robert H McCard Alumni Reunion Association is always in need of new shipmates!! This message has been repeated frequently in many past issues of the Flag Hoist newsletter, and with a strong message behind those words. We are an older group, and our ranks are getting smaller every year. We lose shipmates yearly for various reasons, and at the average age of our group, this is completely understandable.

In order to keep the McCard Alumni Reunion Association a viable and functioning organization, as long as we can, we need a continuing supply of "new" members to join our ranks. This is not a simple, nor easy task and requires a constant effort of searching for new members, making contact with the shipmate, and trying to sell the idea of the reasons why we have a ships Alumni Association. I understand that the Association is not meant for all past McCard sailors, but it also is a very enjoyable association for many of us who sailed on the McCard during her 34 years of service to the United States Navy. As a paid member of the association you receive a quarterly newsletter, and, if interested, attend the annual ships reunion.

Since our Assoc. XO, Doug McKay, has passed on this year, I will assume his duties as Membership Recruiting Coordinator. Doug felt very strongly about the McCard Alumni Reunion Assoc., and I will do my best to continue his effort in Membership Renewal. He was very aware that maintaining our current membership, and growing new members, was very instrumental to the livelihood of our association.

Membership update:

- * Current 2020 paid members through Sept.: 101
- * 2019 paid members, but not paid in 2020: 35
- * 2014 thru 2018 paid members that have not renewed: 72

Obviously I'm concerned about the most recent 35 members that have not renewed. Did you forget, or did you mean not to renew? If you have a question about your paid status, please contact myself or Glenn Anderson and we can confirm your status. If you do not wish to renew, for whatever reason, please send a note to advise us so that we can adjust our database.

For all of our paid members, I want to thank you for supporting the USS Robert H McCard Alumni Reunion

Association and the legacy of (M.O.H.) GySgt Robert H McCard.

In Memory of Doug McKay

Current Executive Officer

USS Robert H McCard Alumni Reunion Association



"Doug was dedicated to serving and supporting the continuation of the McCard Alumni Reunion Association. A friend to all that he came in contact with.

His presence will be missed by all, but the memories will last forever " Bernard Norman



Calvin Douglas McKay

SEPTEMBER 19, 1941 – JULY 12, 2020

Douglas McKay of Dunwoody, GA, passed away on Sunday, July 12, 2020. He was born September 19, 1941, in Atlanta, GA, to Doc and Sadie (Dale) McKay. Doug graduated from Georgia Military Academy, College Park, GA, earned his BS degree from Erskine College, Due West, SC, and later completed his MBA at Georgia State University in Atlanta. Following college, Doug attended Officer Candidate School and was commissioned in the United States Navy, where he served 3 years aboard the USS Robert H. McCard.

Doug is survived by his wife, Cookie; son, Frank McKay and wife, Courtney; brother Doc McKay, Jr. and wife, Betty.

A Facebook comment posted b Rich Angelini

Restoration Coordinator for the USS Joseph P Kennedy
DD-850 Battleship Cove, Fall River, MA

"We were notified this week that our friend LTJG Doug McKay has passed away.

Doug was a avid supporter both morally and financially to the restoration of USS Joseph P. Kennedy Jr DD-850 in the mission to represent all destroyer sailors and a place to call home for him and his shipmates.

His last message to us was "I'm really grateful for you, and the many volunteers who are getting the work done.." This is why we fight the ship, for men like Doug and all those who served our nation so well.

We are deeply saddened to lose Doug as he was planning his first visit to spend the day in the DASH hangar.

However, it is not the end. Doug is with us and represented aboard just like all destroyer sailors everyday.

For all intensive purposes, we are USS Robert H. McCard DD-822, among all the other ships we represent, and we will always be so. [#Destroyerpride](#)"



The Chief's Corner

From: Chief Michael Chance

Flu Shots - Getting These 2 Shots Could Reduce Your Risk of Dementia

Getting a flu shot is always wise, but especially so this year. The vaccine helps protect against influenza, which can be dangerous and even deadly. Getting more people vaccinated against flu should mean fewer patients in hospitals, which is crucial during a time when the coronavirus pandemic continues to rage. Now, another reason has emerged to get the flu shot: Doing so may reduce your risk of being diagnosed with Alzheimer's disease. Three separate studies presented at the [Alzheimer's Association International Conference](#) in late July all point in that direction. According to these studies:

- Getting at least one flu vaccination drops the risk of Alzheimer's by 17%. Additional, frequent vaccinations drop the risk by another 13%.
- Being vaccinated for pneumonia when you are between ages 65 and 75 lowers Alzheimer's risk by up to 40%. However, the impact here depends on an individual's genetic makeup.

These vaccinations also can protect people who already have dementia, because those with dementia have a six-fold higher risk of dying after contracting an infection such as influenza or pneumonia. The Alzheimer's Association notes that earlier, smaller studies also had found links between vaccinations and reduced risk of cognitive decline. But the research presented at this year's conference involved larger studies.

One study — out of the McGovern Medical School at the University of Texas Health Science Center at Houston — involved an analysis of a large dataset of American health records. It found that people who consistently got their annual flu shot had an almost 6% reduced risk of Alzheimer's disease when they were between the ages of 75 and 84. Being vaccinated at an earlier age — for example, getting one's first flu shot at age 60 rather than age 70 — lowered the risk of developing Alzheimer's even more, the researchers note. Another study — out of the Duke University Social Science Research Institute — found that people who had pneumonia vaccination between the ages of 65 and 75 reduced their risk of developing Alzheimer's by between 25% and 30%, after adjusting for a known genetic risk factor for Alzheimer's and other characteristics. This reduction was as high as 40% among the people who do not have the gene associated with Alzheimer's risk.

The Alzheimer's Association adds: "Total number of vaccinations against pneumonia and the flu between ages 65 and 75 was also associated with a lower risk of Alzheimer's; however, the effect was not evident for the flu shot alone." For more on preventing dementia, check out:

- ["7 Lifestyle Changes That May Help Prevent Dementia"](#)
- ["Eating This Food Can Reduce Your Risk of Alzheimer's Disease"](#)

[Source: MoneyTalksNews | Chris Kissell | August 3, 2020++]

Name: _____

Street Address: _____ City: _____ St: _____ Zip: _____

Spouse/Guest : _____

Arrival/Check-in Date: _____ Departure Date: _____

First Reunion? YES _____ NO

Banquet Attendance (Check All Appropriate)

Note: Banquet cost for attendee is \$44.00 each includes tax & Serv. Chg.
The annual banquet on Saturday evening will be a plated three course dinner Entrée choices: * Boneless Breast of Chicken with Sage and Apple Stuffing, Merlot Sauce

- * Baked New England Scrod (fish) with Lemon Herb Butter
- * Beef Short Rib with Mashed Potatoes
- * Vegan - Mushroom Ravioli and vegetable
- * Gluten Free Meal Available

Dessert: Ice Cream Parfait

(Vanilla Ice Cream with Chocolate, Strawberry or Kahlua Sauce & Whip Cream

Attendee/Guest Dinner Choices:

Yourself: Chicken _____ Fish _____ Beef _____ Vegan _____ Gluten _____

Spouse/Guest: Chicken _____ Fish _____ Beef _____ Vegan _____ Gluten _____

\$44.00 x QTY _____ = \$ _____

Tours

Thursday: Battleship Cove + New England Village..... \$65.00 ea. X _____ = \$ _____
(incl. Picnic Buffet Lunch & Admission to Battleship Cove)

Friday: Newport tour + Naval War college \$60.00 ea x _____ = \$ _____
(incl. Wrap Sandwich Lunch at Officers Club - Naval War College

Tour Total \$ _____

Instructions

Print form. Complete required information, and mail with check to:

Glenn Anderson
113 Kemar Dr
Butler, Pa 16002

CREW MEMBER RENEWAL AND APPLICATION
USS Robert H. McCard Association

Please Print Clearly

Crew Member: _____ Spouse: _____

Address: _____ City: _____

State: _____ Zip Code: _____

Phone: _____ E-mail: _____

Years Aboard: From _____ To _____ Final Rank/Rate: _____

Do Not Send Cash...your cancelled check is your receipt.

Make checks payable to: *Robert H. McCard (DD-822) Association*
Mail to: Glenn Anderson, 113 Kemar Drive, Butler, PA 16002

Are you a new member? Yes No

\$10.00 Annual Dues Enclosed (one year) January 1st thru December 31st.

Send Flag Hoist (Check One): _____ **Via U.S.P.S. (Address Above)** OR _____ **Via E-mail**

Comments/Questions: _____

You may contact Treasurer Glenn Anderson directly @ 724/487-7873; glenn.just4fun@gmail.com

Association holds **reunions each year at locations voted upon by the membership. There is a website for members as well as a quarterly Newsletter titled Flag Hoist.**

Conveniently located in

Fall River off I- 195, Battleship



Ship's Ball Cap: High quality caps with the McCard profile (Before Fram and After Fram available). The hats are adjustable "one size fits all." Cost is \$20.00 includes shipping. **New members** receive one Ship's Ball Cap Free.

Ship's Patch: This official patch measures 3 1/2" x 3 7/8" and is the same high quality as ships patches made for today's Navy. Ideal for sewing on a jacket, sweatshirt, t shirt, etc. Cost is \$3.00 plus mailing.



Ship's Patch and Ball Cap Order Form

Please send me _____ **McCard ship patch** at \$3.00 each + shipping

(1 Patch \$3.00+.49 Shipping, 2 Patches \$6.00+.70 Shipping, 3 Patches \$9.00+.91 Shipping)

Please send me _____ (Before Fram) **McCard Ship Ball Cap** at \$20.00 each.

Please send me _____ (After Fram) **McCard Ship Ball Cap** at \$20.00 each.

Name _____

Address _____

City _____ State _____ Zip _____

Send check Payable to "Robert H. McCard Association" with correct amount to: Glenn Anderson, 113 Kemar Drive, Butler, PA 16002



USS Robert H McCard Association
C/O Ron Perceful
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Midwest City, OK 73110